



# ALS 101

## NAVIGATING THE JOURNEY

**Ask Us How We Care!**

If you or someone you love, has been diagnosed with ALS, **you are not alone!**

Navigating this disease journey can be overwhelming. Please join us for **ALS 101: An Introduction to the New Normal.**

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**1:1 or small group sessions focused on:**

- What is ALS
  - Multidisciplinary Approach to Care
  - Support Programs
  - Research Opportunities
  - Resources
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**For More Information, Call 888.636.9940**

Every 3rd Wednesday of  
the month @ 1:00 PM

**The ALS Association  
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**ALS**  
**ASSOCIATION**  
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